

JENNIFER ANN KOWALKOWSKI, PH.D., M.P.H., R.N.

119N USB II | 22 University Drive | University Park, PA 16802
jqk6169@psu.edu | 814-865-5653

CURRICULUM VITAE

Updated: August 19, 2024

EDUCATION

- 2021 Ph.D., Nursing
 Minor, Population Health Sciences
 Certificate, Clinical and Communities Outcomes Research
 Certificate, Research, Teaching, and Learning
 University of Wisconsin – Madison, Madison, WI
- 2010 M.P.H., School of Medicine and Public Health
 University of Wisconsin – Madison, Madison, WI
- 2010 M.S., Nursing, emphasis nursing education
 University of Wisconsin – Madison, Madison, WI
- 2005 B.S., Nursing, honors program
 University of Wisconsin – Madison, Madison, WI

ACADEMIC POSITIONS

- 2023-Present Assistant Professor of Nursing, Ross and Carol Nese College of Nursing
 Faculty Affiliate, Rock Ethics Institute
 Faculty Associate, Population Health Institute
 Faculty Affiliate, Center for Geriatric Excellence
 The Pennsylvania State University, University Park, PA
- 2021-2023 Postdoctoral Fellow in Rural Health Disparities, Biobehavioral Health
 The Pennsylvania State University, University Park, PA
- 2020-2021 Project Assistant, School of Nursing
 University of Wisconsin – Madison, Madison, WI
- 2018-2020 Research Assistant, School of Nursing
 University of Wisconsin – Madison, Madison, WI
- 2019 Teaching Assistant, School of Nursing
 University of Wisconsin – Madison, Madison, WI
- 2018 Project Assistant, School of Nursing
 University of Wisconsin – Madison, Madison, WI
- 2014-2017 Associate Academic Dean for Healthcare, Professor
 Herzing University, Madison, WI

2013-2014 Assistant Professor of Nursing
Herzing University, Madison, WI

2011-2013 Clinical Instructor, School of Nursing
University of Wisconsin – Madison, Madison, WI

2008-2012 Project Assistant, Pain & Policies Studies Group
University of Wisconsin – Madison, Madison, WI

2007-2008 Research Assistant, School of Nursing
University of Wisconsin – Madison, Madison, WI

RESEARCH AND TEACHING INTERESTS

Rural Health Equity, Rural Nursing Workforce, Access to Health, Health Policy, Healthcare Ethics, Social Determinants of Health, Social Support, Social Networks, Equitable Research Practices

PUBLICATIONS

Refereed Journal Articles

- Brant, K., Segel, J.E., McShane, M.P., Rhubart, D., Kowalkowski, J., Palacios, H.V. & Jackson, J. (2024). Implementing a Teaching Rural Mobile Health Clinic: Challenges and Adaptations. *Journal of Health Care for the Poor and Underserved*, 35(1), 385-390. <https://www.muse.jhu.edu/article/919825>
- Rhubart, D., Kowalkowski, J. & Yerger, J. (2023). Rural-Urban disparities in self-reported physical/mental multimorbidity: A cross-sectional study of self-reported mental health and physical health among working age adults in the U.S. *Journal of Multimorbidity and Comorbidity*, 13, 1–12. <https://doi.org/10.1177/26335565231218560>
- Rhubart, D., Kowalkowski, J. & Pillay, T. (2023) Third Places in Rural America: Prevalence and Disparities in Use and Meaningful Use. *Journal of Rural Studies*, 104, 103153. <https://doi.org/10.1016/j.jrurstud.2023.103153>
- Rhubart, D., Kowalkowski, J. & Wincott, L. (2023). The Built Environment and Social and Emotional Support among Rural Older Adults: The Case for Social Infrastructure and Attention to Ethnoracial Differences. *Rural Sociology*, 88(3), 731-762. <https://doi.org/10.1111/ruso.12491>
- Rhubart, D., & Kowalkowski, J. (2022). Perceived mental health impacts of the COVID-19 pandemic: The roles of social support and social engagement for working age adults in the United States. *Preventive Medicine*, 162, 107171. <https://doi.org/10.1016/j.ypmed.2022.107171>
- Oakley, L. D., Kuo, W., Kowalkowski, J., & Park, W. (2021). Transcultural Meta-Analysis of PTSD Prevalence Rates: Implications for population health. *Transcultural Journal of Nursing*, 32(4), 412–424. <https://doi.org/10.1177/1043659621993909>

Yu, Z., Kowalkowski, J., Roll, A. E., & Lor, M. (2021). Engaging Underrepresented Communities in Health Research: Lessons Learned. *Western Journal of Nursing Research*, 43(10), 915–923. <https://doi.org/10.1177/0193945920987999>

Kowalkowski, J. (2018). Confidence in measurement. *The Journal of Rural Health*, 34(3), 225-226. <https://doi.org/10.1111/jrh.12303>

Kehl, K. A. & Kowalkowski, J. (2012). A systematic review of the prevalence of signs of impending death and symptoms in the last two weeks of life. *American Journal of Hospice and Palliative Medicine*, 30(6), 601-606. <https://doi.org/10.1177/1049909112468222>

Kirchhoff, K. T., & Kowalkowski, J. (2010). Current practices for withdrawal of life support in Intensive Care Units. *American Journal of Critical Care*, 19 (6): 532–541. <https://doi.org/10.4037/ajcc2009796>

Kirchhoff, K. T., Palzkill, J., Kowalkowski, J., Mork, A., & Gretarsdottir, E. (2008). Preparing families of intensive care patients for withdrawal of life support: A pilot study. *American Journal of Critical Care*, 17(2), 113-121; quiz 122. <https://doi.org/10.4037/ajcc2008.17.2.113>

Other Publications

Rhubart, D., Kowalkowski, J. & Li, Y. (2024, April). Spending Time Socializing in Bars Increases the Risk of Heavy Drinking. *Lerner Center Population Health Research Brief Series. Research Brief Series*. 114. Retrieved from <https://surface.syr.edu/lerner/249/>

DeCecco, M. & Kowalkowski, J. (2023, May). Type 2 Diabetes Management Among Older Adults in Rural America. Rural Health Disparities Lab Data Highlight. Penn State College of Health and Human Development: University Park, WI.

Kowalkowski, J., & Rhubart, D. C., (2022, August). Social Support Protected Mental Health during the COVID-19 Pandemic. *Lerner Center for Public Health Promotion: Population Health Research Brief Series. Data Slice 55*. Retrieved from <https://surface.syr.edu/lerner/188>

Kowalkowski, J. & Rhubart, D. (2022, May). Rural employees less likely to have paid sick days and flexible start-end work times. Rural Health Disparities Lab Data Highlight. Penn State College of Health and Human Development: University Park, WI.

Zahner, S., Kowalkowski, J., Henriques, J., Cho, H., LeClair, J., & Merrs, K. (2021). Wisconsin 2020 RN Workforce Survey. Wisconsin Center for Nursing, Inc.: Milwaukee, WI. <https://wicenterfornursing.org/wp-content/uploads/2021/07/3481230-MAN-929008-COMBINED.pdf>

Zahner, S., Pinekenstein, B., Kowalkowski, J., Henriques, J., & Brzozowski, S. (2019). Wisconsin 2018 RN Workforce Survey. Wisconsin Center for Nursing, Inc.: Milwaukee, WI. <https://wicenterfornursing.org/wp-content/uploads/2020/06/2018-Wisconsin-RN-Survey-Report-Final-with-Cover.pdf>

Kowalkowski, J. (2019). Wisconsin’s Rural Nursing Workforce: Improving Nurse’s Preparation for Rural Practice. [White Paper]. University of Wisconsin-Madison: Madison, WI.

Manuscripts under Review

Kowalkowski, J., Rhubart, D. & Li, Y. Mental Health Status and Use of Third Places Among Rural Working-Age Adults in the United States. *Rural Society* (In review)

McShane, M., Kowalkowski, J., Brant, K., Segel, J., Visco, A., Volpe, P. & Stephens, M. Tailgate medicine as an alternative method of health care delivery for rural populations. *Journal of Rural Health*. (In review)

Rhubart, D., Kowalkowski, J., Velasco-Palacios, H. & Brant, K. The loss of rural vital places: A case study using the Social Determinants of Health Framework. *Journal of Wellbeing, Space & Society*. (In review)

Manuscripts in Progress

McShane, M., & Kowalkowski, J. Applying constructive-developmental theory to advance health professions education in rural community settings. *Academic Medicine*. (In preparation)

Kowalkowski, J. & Horvath, S. “It’s like we’re forgotten”: Experiences of women’s health in a rural community. *The Journal of Women and Aging*. (In preparation)

Kowalkowski, J. & Yahaya, A. Social Support and Third Place Utilization in Rural America. *Journal of Wellbeing, Space & Society*. (In preparation)

GRANTS

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|------|---|
| 2023 | McShane, M. (PI) & <u>Kowalkowski, J.</u> (Co-PI), “Connecting the Network: Establishing a Coalition Toward Increased Immunization Rates in Central Pennsylvania.” CTSI Bridges to Translation Grant (\$50,000). (Funded) |
| 2021 | Rhubart, D. (PI) & <u>Kowalkowski, J.</u> (Co-I), “Social Infrastructure and Dimensions of Mental Health Substance Use among Rural Working-Age Adults.” Department of Biobehavioral Health Seed Grant (\$9,472.52) (Funded) |
| 2020 | <u>Kowalkowski, J.</u> (PI) “Examining the Role of Social Support Networks in Farmer Health.” Midwest Nursing Research Society-Council for Advancement of Nursing Science Dissertation Grant (\$2,500.00) (Funded) |
| 2020 | <u>Kowalkowski, J.</u> (PI). “Examining the Role of Social Support Networks in Farmer Health.” University of Wisconsin-Madison Nursing Research and Scholarship Award (\$3,750.00) (Funded) |
| 2020 | <u>Kowalkowski, J.</u> (PI). “Examining the Role of Social Support Networks in Farmer Health.” Sigma Nursing Honor Society Dissertation Grant (\$5,000.00) (Not funded) |
| 2018 | <u>Kowalkowski, J.</u> (PI). “Social Support Among Farming Communities.” American Nurses Foundation. (\$15,175.00) (Not funded) |

DATASETS

Rhubart, D. & Kowalkowski, J. (2023). Rural Health and Engagement Survey. Contact:
<https://hhd.psu.edu/bbh/research/research-labs/rural-health-disparities-lab>

AWARDS, HONORS & FELLOWSHIPS

The Pennsylvania State University, University Park, PA

2022 Postdoctoral Conference Travel Award

University of Wisconsin – Madison, Madison, WI

2022 Distinguished Future Faculty Partner Award, Teaching Academy

2021-2023 TL1 Postdoctoral Fellowship, Institute for Clinical and Translational Research
(declined)

2019 School of Nursing, Preliminary Exams Passed with Distinction

2019 School of Nursing Travel Grant

2019 Bunge Society Dinner Graduate Student Representative

2019 American Association of Colleges of Nursing Student Policy Summit Graduate Student
Representative

2020, 2019 Graduate School Student Research Grants Competition

2019-2020 Graduate Academic Scholarship, Graduate School

2018-2019 Graduate Academic Scholarship, Graduate School

2011, 2012 Midwest Nursing Research Society Graduate Student Representative

2011 Future Faculty Partner, Teaching Academy

2010 Biological Scholars Award, Graduate School

2009 Charles A. Eckburg Foundation Scholarship

2007 Ethel J. Odegard Graduate Scholarship

2005 Harvey Meyerhoff Excellence Award for Leadership, Service and Scholarship

2005 Graduation with high honors

Herzing University

2016 Faculty Service Award, Herzing University System

2016 Faculty Service Award, Madison, WI

Hospice and Palliative Nurses Association

2011 Outstanding Research Abstract Award at Annual Assembly

2010 Sponsored Conference Scholarship

AgriSafe

2019 Nurse Scholar

2019 Nurse Scholar Program Scholarship Recipient

Other Organizations

2023 Spatial Social Network Workshop, Travel Grant
Georgia Institute of Technology

2020 NRHA/John Snow, Inc. Student Leadership Award
National Rural Health Association

2020 Qualitative Methods Graduate Research Award

2019-2020 Midwest Nursing Research Society
Educational Scholarship
Wisconsin Organization of Nurse Leaders
2018 International Rural Nursing Conference Research Scholarship
Rural Nurses Organization
2018 Edith Anderson Leadership Education Grant
Sigma Nursing Honor Society
2011-2012 Faculty Learning About Geriatrics (FLAG) Fellow
Minnesota Hartford Institute for Geriatric Nursing

TEACHING EXPERIENCE

The Pennsylvania State University, Ross and Carol Nese College of Nursing, University Park, PA

Instructor of Record

NURS 830: Evidence-Based Practice I: Inquiry and Research Methods (Fall 2024)

Guest Lecturer

ENGL/SOC/CAS 162N Communicating Care (Fall 2024)

NURS 852 Literature Synthesis for Nursing Science: Scientific Writing for Literature Reviews
(Fall 2022)

University of Illinois Chicago, Department of Biomedical and Health Information Sciences, Chicago, IL

Guest Lecturer

BVIS575 Business Practices: CVs and Resumes: Communicating with Potential Employers
(Spring 2023, Spring 2024)

University of Wisconsin-Madison, School of Nursing, Madison, WI

Guest Lecturer:

Health Illness and Concepts with Individuals, Families and Communities: Experiential Learning
(Fall 2019)

Social Justice in Local and Global Settings (Spring 2020)

Teaching Assistant

Social Justice in Local and Global Settings (Spring 2019)

Health Illness and Concepts with Individuals, Families and Communities: Experiential Learning
(Fall 2018)

Instructor of Record

Clinical Nursing I (Fall 2011, Fall 2012)

Clinical Nursing II (Spring 2012)

Community Health Nursing Practicum (Spring 2012)

Community Health Nursing Practicum – Rural Health Immersion Clinical (Summer 2012)

Herzing University, Madison, WI

Instructor of Record

Introduction to Professional Nursing (Spring 2016, Summer 2016, Spring 2017)

Introduction to Clinical Nursing (Spring 2016, Spring 2017)

Gerontological Nursing (Summer 2016, Spring 2017, Summer 2017)
Nursing Informatics (Fall 2016, Summer 2017, Fall 2017)
Fundamentals of Nursing with Lab (Spring 2016)
Clinical Nursing I (Fall 2014, Fall 2016)
Health and Illness Across the Lifespan (Spring 2014, Fall 2016)
Transition to RN Practice (Summer 2015, Fall 2015, Summer 2016, Fall 2017)
Medical-Surgical Nursing I (Spring 2014, Summer 2015)
Medical-Surgical Nursing II (Fall 2015)
Clinical Nursing II (Spring 2014, Fall 2014)
Clinical Nursing III (Summer 2014, Spring 2015)
Mental Health Nursing (Summer 2014, Fall 2014)
Leadership and Management (Spring 2015, Summer 2015)
Clinical Nursing IV (mental health specialty) (Summer 2014, Spring 2015, Fall 2015)
Clinical Nursing Internship (Spring 2015, Fall 2015)

INVITED TALKS

- 2023 Rhubart, D. & Kowalkowski, J. The Rural Health & Engagement Survey: Measuring Meaningful Use of Social Infrastructure among Rural Working Age Adults. Rural Health and the Built and Social Environments Working Group, The Pennsylvania State University. Virtual, April 23, 2023
- 2021 Kowalkowski, J. Aging in Rural America. Wisconsin Geriatric Education Center, Marquette University. Virtual. March 12, 2021.
- 2020 Kowalkowski, J. Promoting Rural and Agricultural Health Equity: Protecting Populations and Changing Systems. National Farm Medicine Center. Marshfield, WI. November 11, 2020.
- 2020 Kowalkowski, J. Strategies for Rural Communities: Collaborations to Strengthen Health. University of Wisconsin-Madison LaFollette School of Public Affairs. Madison, WI. November 13, 2020.
- 2019 Kowalkowski, J. Perspectives on Rural Nursing in Wisconsin. Board of Visitors, University of Wisconsin-Madison School of Nursing. Madison, WI. April 11, 2019.
- 2019 Kowalkowski, J. Intersectionality and Rural Health Disparities. Bunge Society Dinner, University of Wisconsin-Madison School of Nursing. Madison, WI. April 11, 2019.
- 2010 Kowalkowski, J. Public Health Nursing. PEOPLE Program. University of Wisconsin-Madison. July 2, 2010.

CONFERENCE PARTICIPATION

- 2024 Kowalkowski, J. Bridging the Translational Divide: Critically Evaluating Context and Causation. 2024 Translating Research to Innovations in Practice Symposium. Hershey, PA. May 9, 2024.

- 2024 Kowalkowski, J. Bridging the Translational Divide: Critically Evaluating Context and Causation. Eastern Nursing Research Society 36th Annual Scientific Sessions. Boston, MA. April 5, 2024
- 2023 Li, Y., Rhubart, D., & Kowalkowski, J. The Potential Health Risks of Using Bars as Third Places in Rural America. 85th Annual Meeting of the Rural Sociological Society. Burlington, VT, August 2, 2023.
- 2023 Rhubart, D., Kowalkowski, J. & Pillay, T. Third Places in Rural America: Utilization and Disparities in Meaningful Use. 85th Annual Meeting of the Rural Sociological Society. Burlington, VT, August 4, 2023.
- 2022 Kowalkowski, J. Mitigating the Negative Health Effects from Stress: A Social Network Analysis International Conference on Agricultural Health and Safety. Prague, Czech Republic – Virtual, July 13, 2022.
- 2023 Kowalkowski, J. Applying Spatial Social Networks to Mitigate Adverse Occupational Related Health Effects Among Agricultural Producers. 2023 Spatial Social Network Workshop, Georgia Institute of Technology, May 18, 2023.
- 2023 Invited Penn State Attendee. PHN Annual Provider Meeting with Penn State Clinical and Translational Science Institute. Penn State Shenango, April 13-14, 2023.
- 2022 Root-Thompson, M. and Kowalkowski, J. Twisted Text and Shiny Squirrels: Meeting Students Where They Are at Through Experiential Learning. Faculty Idea Exchange (FIX) Annual Conference. Columbus, OH. June 10, 2022.
- 2021 Kowalkowski, J. Challenging Educational Practices that Contribute to Rural Health Disparities. International Rural Nursing Conference. Virtual. July 27-30, 2021.
- 2021 Kowalkowski, J. Defining Social Networks Among Farm Owner-Operators for Health Improvement (Poster). National Rural Health Association Annual Conference. Virtual. May 5-7, 2021.
- 2021 Kowalkowski, J. Defining Social Networks for Health Among Farm Owner Operators. Midwest Nursing Research Society Conference. Virtual. March 2021.
- 2020 Kowalkowski, J., Hartline, C. J., Size, T. Advancing Rural Health: Nursing Education, Policy, and Practice. National Rural Health Association Conference. San Diego, CA. May 20, 2020.
- 2019 Kowalkowski, J. Are Educational Practices Contributing to Rural Health Disparities? WONCA World Rural Health Conference. Albuquerque, NM. October 13, 2019.
- 2018 Kowalkowski, J. Occupational-Related Stress Among Farm Families (Poster). International Rural Nursing Conference. Nashville, TN. July 23-26, 2018.
- 2019 Kowalkowski, J. Strengthening the Rural Nursing Workforce Through Stakeholder Engagement. Sigma International Research Congress. Calgary, AB. August 27, 2019.

- 2019 Kowalkowski, J. and Pinekenstein, B. Rural Health Workforce Challenges: A State Journal Toward Improvement. The National Forum of State Nursing Workforce Centers. Denver, CO. June 14, 2019.
- 2019 Kowalkowski, J. Do Rural Clinicals Increase Rural Nursing Employment? (Poster). National Rural Health Association Conference. Atlanta, GA. May 7-9, 2019.
- 2019 Kowalkowski, J. Preparing Nurses to Care for Rural Populations. National Rural Health Association Conference. Atlanta, GA. May 8, 2019.
- 2019 Kowalkowski, J. Addressing the Theory-Practice Gap in Rural Nursing Practice Through Stakeholder Engagement. (Poster). UW Health Poster Fair. Madison, WI. April 20-22, 2019.
- 2019 Kowalkowski, J. A Critical Review of the Effect of Rural Clinical Experiences on New Graduate Nurses' Decisions to Work in Rural Practice Settings. (Poster). Midwest Nursing Research Society. Kansas City, KS. March 28, 2019.
- 2019 Kowalkowski, J. 2018 RN Survey Report: A Discussion of Key Findings and Recommendations. Wisconsin Center for Nursing. Madison, WI. February 28, 2019.
- 2012 Kowalkowski, J. Public Health – Academic Partnerships to Promote Public Health Nursing in Rural Communities (Poster). Wisconsin Public Health Association. Stevens Point, WI. August 21, 2012.
- 2011 Kowalkowski, J. and Gilson, A. Nursing Pain Practices: The Need to Improve Policy Governing Prescriptive Authority (Poster). American Public Health Association Annual Conference. Washington, DC. November 1, 2011.
- 2011 Kowalkowski, J. Dane County End-of-Life Coalition: Building Partnerships to Improve Care. (Poster). Midwest Nursing Research Society Annual Conference. Columbus, OH. March 26, 2011.
- 2011 Kowalkowski, J. Opioid Analgesics for the Treatment of Pain: A Survey of State Nursing Boards. (Poster). Midwest Nursing Research Society Annual Conference. Columbus, OH. March 25, 2011.
- 2011 Kowalkowski, J. Dane County End-of-Life Coalition: Building Partnerships to Improve Care. AAHPM/HPNA Annual Assembly. Vancouver, BC. February 18, 2011.
- 2010 Zahner, S. and Kowalkowski, J. Linking Education and Practice for Excellence in Public Health Nursing. (Poster). American Public Health Association Annual Conference. Denver, CO. November 10, 2010.
- 2010 Jarzemsky, P., and Kowalkowski, J. Teaching and Learning in a Technology-Enhanced Nursing Environment. 22nd Annual Conference for Teachers of Nursing Practice. Madison, WI. January 5, 2010.

CAMPUS OR DEPARTMENTAL TALKS

- 2024 Kowalkowski, J. Extreme Weather Events and Mental Well-Being Among Agricultural Producers. Population Research Institute Climate Change and Health Workshop. January 26, 2024.
- 2024 Kowalkowski, J. “We’re not prepared for this”: The Intersection of Work and Health Among Dairy Farm Owners in Pennsylvania. Social Science Research Institute Symposium on Social Science Research on Rural Health. January 24, 2024.
- 2021 Kowalkowski, J. The Potential & Pitfalls of Using Social Network Science in Nursing Research. Research Colloquia, University of Wisconsin School of Nursing. Virtual. March 2021.
- 2021 Kowalkowski, J. Rural Team-Based Care Panel. Overview of Rural Health, University of Wisconsin-Madison School of Medicine and Public Health WARM Program. Madison, WI. April 9, 2021.
- 2020 Kowalkowski, J. Strategies for Rural Communities: Collaborations to Strengthen Health. University of Wisconsin-Madison LaFollette School of Public Affairs. Madison, WI. March 2, 2020.
- 2020 Kowalkowski, J. Rural Team-Based Care Panel. Overview of Rural Health, University of Wisconsin-Madison School of Medicine and Public Health WARM Program. Madison, WI. February 20, 2020.
- 2019 Kowalkowski, J. Wisconsin Rural Nursing Workforce: Using Stakeholder Engagement to Improve Nurses’ Preparation for Rural Practice. Teaching Colloquia. University of Wisconsin-Madison School of Nursing. Madison, WI. February 20, 2019.
- 2013 Kowalkowski, J. Compassionate Communication for Palliative Care Populations: Research Implications. Teaching Colloquia. University of Wisconsin-Madison School of Nursing. Madison, WI. September 24, 2013.
- 2012 Kowalkowski, J. The Art of Compassionate Communication: Pain Management for Palliative Care Populations. Clinical Practice Improvement Series. University of Wisconsin-Madison School of Nursing. Madison, WI. July 10, 2012.
- 2011 Kowalkowski, J. Active Learning Strategies for Geriatric Nursing Education. Teaching Colloquia. University of Wisconsin-Madison School of Nursing. Madison, WI. November 10, 2011.
- 2010 Kowalkowski, J. Fighting the System: Integrating Hospital-Based Palliative Care Teams (Poster). School of Medicine and Public Health Symposium. University of Wisconsin-Madison School of Medicine and Public Health. May 7, 2010.
- 2009 Kowalkowski, J. Using TeleForms to Streamline Survey Research. Research Colloquia, University of Wisconsin-Madison School of Nursing. Madison, WI. March 2009.

- 2007 Kowalkowski, J. Identifying Community Needs: County Health Assessment of Door County, Wisconsin. (Poster). University of Wisconsin-Madison Nurses Alumni Association. Madison, WI. May 2007.
- 2005 Kowalkowski, J. Preparing Families for the Withdrawal of Life Support in the ICU. Undergraduate Research Symposium, University of Wisconsin-Madison. Madison, WI. April 2005.

UNIVERSITY, COLLEGE & DEPARTMENTAL SERVICE

- 2024-2025 Faculty Affairs Committee, PhD Council Representative, Ross and Carol Nese College of Nursing, The Pennsylvania State University
- 2024-2025 PhD Council, Ross and Carol Nese College of Nursing, The Pennsylvania State University
- 2024 Judge, 2024 Undergraduate Exhibition, The Pennsylvania State University
- 2024 Judge, 2024 Graduate Exhibition, The Pennsylvania State University
- 2023-2024 Faculty Selection Committee, Schreyer Honors College, The Pennsylvania State University.
- 2023-Present Member, Rural Health Advisory Board, Collaborative Partnerships and Research Development, Clinical & Translational Science Institute, The Pennsylvania State University.
- 2022-Present Member, Substance Use Stigma Reduction Collaborative, Consortium on Substance Use and Addiction, The Pennsylvania State University.
- 2022-Present Member, Population Health Working Group, Population Research Institute, The Pennsylvania State University.
- 2022-Present Member, Rural Health and the Built and Social Environments Working Group, Rural Health Disparities Lab, The Pennsylvania State University.
- 2022-2023 Co-Chair, Leadership Council Penn State Postdoctoral Society, The Pennsylvania State University
- 2022-2023 Chair, Writing Group Committee Penn State Postdoctoral Society, The Pennsylvania State University
- 2020-2021 Mentor, Chronic Health Allies Mentorship Program (CHAMP), University of Wisconsin-Madison
- 2019-2021 Co-Chair, Executive Committee, Teaching Academy, University of Wisconsin-Madison

- 2019-2021 Member, Center for Interprofessional Practice and Education Advisory Council, University of Wisconsin-Madison
- 2019-2021 Member, Feedback on Teaching Committee, Teaching Academy, University of Wisconsin-Madison
- 2019-2021 Member, Interprofessional Health Council, University of Wisconsin-Madison
- 2019-2021 Founder and Chair, Social Network Analysis Interest Group, University of Wisconsin-Madison
- 2019-2021 Co-Chair, Graduate Nursing Student Organization, University of Wisconsin-Madison School of Nursing
- 2019-2021 Chair, Assessment Committee, Teaching Academy, University of Wisconsin-Madison
- 2018-2020 Chair, Future Faculty Executive Committee, Teaching Academy, University of Wisconsin-Madison
- 2018-2019 Member, Nominations Committee, Teaching Academy, University of Wisconsin-Madison
- 2018-2019 Member, Retreat Planning Committee, Teaching Academy, University of Wisconsin-Madison
- 2017 Accreditation Commission for Education in Nursing (ACEN) program accreditation review lead, Herzing University, Madison, WI
- 2016-2017 Bachelor of Science in Nursing curriculum redesign team, Herzing University System
- 2016 Commission on Collegiate Nursing Education (CCNE) accreditation review team, Herzing University, Brookfield, WI
- 2015 Curriculum review and revision, Herzing University
- 2012-2013 Member, Undergraduate Admissions and Progression Committee, University of Wisconsin-Madison School of Nursing
- 2012-2013 Member, Signe Skott Cooper Symposium Planning Committee, University of Wisconsin-Madison School of Nursing
- 2009-2010 Student Representative, Conflict of Interest Committee, University of Wisconsin-Madison School of Nursing
- 2007-2011 Student Representative, Graduate Programs Committee, University of Wisconsin-Madison School of Nursing
- 2004-2005 President, Student Nurses Association, University of Wisconsin-Madison School of Nursing

2003-2004 Student Representative, Undergraduate Programs Committee, University of Wisconsin-Madison School of Nursing

PROFESSIONAL SERVICE

2024 Abstract Reviewer, American Public Health Association (APHA) 2024 Annual Meeting and Expo

2024 Abstract Reviewer, Interdisciplinary Association for Population Health Science (IAPHS) 2024 Annual Meeting

2024 2024 Substance Use and Stigma Conference Advisory Board

2023-Present Ad hoc Reviewer, The Journal of Rural Health

2022-Present Ad hoc Reviewer, Wellbeing, Space & Society

2022 Poster Judge, National Postdoctoral Association Annual Conference. April 2022

2021-Present Ad hoc Reviewer, The Gerontologist

2021-2023 Member, Board of Directors, AgriSafe

2020-Present Ad hoc Reviewer, Western Journal of Nursing Research

2020-2021 Member, Workforce Advisory Committee, Wisconsin Nurses Association

2019-2021 Member, International Nurse Leader Review Committee, Sigma Nursing Honor Society

2019-2020 Volunteer Registered Nurse, Wisconsin Department of Health Medical Reserve Corps

2019 Grant reviewer, United States Department of Agriculture

2018-2023 Advisor, Undergraduate Rural Health Association, University of Wisconsin-Madison

2018-Present Chair, Bylaws Committee, Rural Nurses Organization

2018-2019 Member, Mental Health in Agriculture Expert Panel, Health Resources Services Administration

2017-2021 Chair, Governance Committee, Beta Eta at-Large Chapter, Sigma Honor Society

2017-2018 Member, Nominations Committee, Wisconsin League for Nurses

2017-2018 Representative to Wisconsin Center for Nursing, Wisconsin League for Nurses

2017-2018 Representative to Wisconsin Nursing Coalition, Wisconsin League for Nurses

- 2017 Secretary, Administrators of Nursing Education in Wisconsin
- 2017 Chair, Board of Nursing and Regulatory Issues Committee, Administrators of Nursing Education in Wisconsin
- 2017 Member, Legislative and Policy Committee, Administrators of Nursing Education in Wisconsin
- 2016-2017 Peer Evaluator, Accreditation Commission for Education in Nursing
- 2016-2017 Abstract Reviewer, Nursing Education Accreditation Conference. Accreditation Commission for Education in Nursing
- 2016-2017 Member, Nursing Education Accreditation Conference Logistics Committee, Accreditation Commission for Education in Nursing
- 2016-2017 Chair, Faculty Assembly, Herzing University Madison
- 2016-2017 Chair, Scholarly Research Committee, Herzing University Madison
- 2014-2017 Member, Administrators of Nursing Education in Wisconsin
- 2013-2016 Faculty Advisor, Student Nurses Association, Herzing University Madison
- 2013 Lead, Fall Prevention Taskforce, UW Hospital and Clinics
- 2013 Lead, CAUTI Prevention Taskforce, UW Hospital and Clinics
- 2013 Co-Chair, Safety Resource Nurse Group, UW Hospital and Clinics
- 2013 Member, Nursing Documentation Council, UW Hospital and Clinics
- 2013 Member, Nursing Practice Council, UW Hospital and Clinics
- 2013 Member, Nursing Quality Council, UW Hospital and Clinics
- 2012-Present Ad hoc reviewer, Nursing Outlook
- 2012-2013 Chair, End-of-Life and Palliative Care Research SIG, Midwest Nursing Research Society
- 2012-2013 Chair, Pain and Symptom Management Research SIG Communication, Midwest Nursing Research Society
- 2011-2012 Chair-Elect, End-of-Life and Palliative Care Research SIG, Midwest Nursing Research Society
- 2009-2010 Member, Pain Committee, William S. Middleton Memorial Veterans Hospital

2009-2010 Member, Patient and Family Education Committee, William S. Middleton Memorial Veterans Hospital

2009-2010 Member, Wellness Committee, William S. Middleton Memorial Veterans Hospital

MENTORING

Doctoral Students

2019-2021 Kelly Thomas, (Pharmacy)
University of Wisconsin-Madison

Master's Students

2024-Present Savannah Grimes (Nursing)
The Pennsylvania State University

2024-Present Avery Kurleowech (Nursing)
The Pennsylvania State University

2024-Present Christina Tobin (Nursing)
The Pennsylvania State University

2022-2023 Tarya Pillay (Biobehavioral Health, Master of Public Health)
The Pennsylvania State University

2019-2022 Kathleen Reed (Public Health)
University of Wisconsin-Madison

2016-2017 Angela Stuelke (Nursing)
Herzing University – Madison

Graduate Research Assistants

2024-Present Julian Canjura (Applied Linguistics)
The Pennsylvania State University

2024-Present Kebo Zhang (Medicine)
The Pennsylvania State University

2023-Present Ahmed-Rufai Yahaya (Nursing)
The Pennsylvania State University

2022-2023 Yiping Li (Biobehavioral Health)
The Pennsylvania State University

Undergraduate Research Assistants

2024-Present Alana Lewis (Biobehavioral Health)
The Pennsylvania State University

2022-2023 Alexa Hackenburg (Biobehavioral Health)
The Pennsylvania State University

2022-2023 Melanie DeCecco (Biobehavioral Health)
The Pennsylvania State University

2022-2023 Logan Wincott (Sociology)
The Pennsylvania State University

2022-2023 Hannah Dauser (Psychology)
The Pennsylvania State University

2021-2022 Erin McDermott (Community, Environment and Development)
The Pennsylvania State University

2021-2022 Brian Johnson (Economics)
The Pennsylvania State University
2021-2022 Jordan Yerger (Biobehavioral Health)
The Pennsylvania State University

Undergraduate Honors Students

2021 Alexandria Gonzales (Nursing)
University of Wisconsin-Madison
2021 Macia Ho (Nursing)
University of Wisconsin-Madison

RELATED PROFESSIONAL SKILLS AND TRAININGS

Research design and methods: Grounded theory, mixed methods, spatial analysis, social network analysis, wearable/smart technologies, survey methods, equitable and inclusive research practices, building trust with research participants, behavior change interventions, design for dissemination.

Teaching and Learning: Backward course design, curriculum development, concept-based curriculum, trauma-informed pedagogy, unconscious bias and identity, recognizing and reducing implicit bias, inclusive teaching practices, test item writing.

Community Engagement: Community-academic partnerships, community-based participatory research.

Leadership and mentoring: Conflict management, research mentor training.

Software: Stata, Ucinet, SAS, SPSS, NVivo, ArcGIS, GeoDa, R, SNoMaN.
Certificate in Data Science Essentials (R), Cornell University
Certificate in Data Analytics in R, Cornell University

OTHER EMPLOYMENT

2018-2019 ATI Live Review Educator and NCLEX Specialist
Ascend Learning, Inc., Leawood, KS
2018-2019 Registered Nurse, Home Care
Brightstar, Madison, WI
2013 Clinical Nurse Specialist, Quality and Safety
UW Hospital and Clinics, Madison, WI
2012-2013 Staff Nurse, Medical Oncology
William S. Middleton Veterans Hospital, Madison, WI
2009-2010 Pain Programs Coordinator
William S. Middleton Veterans Hospital, Madison, WI
2008-2009 Renal Nurse Case Manager
William S. Middleton Veterans Hospital, Madison, WI

2007-2008 Registered Nurse, Urgent Care
Group Health Cooperative, Madison, WI

2006-2007 Resource Nurse, On-Call Team
HospiceCare, Inc., Madison, WI

2005-2007 Nurse Clinician, Cardiothoracic Intensive Care Unit
UW Hospital and Clinics, Madison, WI

LICENSURE AND CERTIFICATION

2021-Present Registered Nurse, Pennsylvania #RN748237 (Expires 10/31/2024)
1998-Present Basic Life Support, American Heart Association (Expires 4/2026)
2019 QPR for Nurses, Gatekeeper Suicide Prevention
2019 QPR for Nurses, Suicide Triage
2020 QPR for Farmers and Farm Families
2020 Mental Health First Aid

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

Appalachian Translational Research Network
National League for Nursing
Eastern Nursing Research Society
Interdisciplinary Association for Population Health Sciences
Pennsylvania Nurses Association
American Association for the Advancement of Science
International Network for Social Network Analysis
Council for Advancement of Nursing Science
AgriSafe Network
National Rural Health Association
Rural Nurse Organization
American Nurses Association
American Public Health Association
Sigma Nursing Honor Society