

CURRICULUM VITAE

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EDUCATION

1975	B.A.	Psychology	Bucknell University, Lewisburg, PA
1979	M.A.	Developmental Psychology	University of North Carolina-Chapel Hill
1979	Ph.D.	Developmental Psychology	University of North Carolina-Chapel Hill

PROFESSIONAL EXPERIENCE

2009-Present	Co-Director, Penn State Clinical and Translational Science Institute
2007-Present	Director, Social Science Research Institute The Pennsylvania State University
1994-Present	Professor of Human Development Department of Human Development and Family Studies College of Health and Human Development The Pennsylvania State University
2002-2003	Interim Head, Human Development and Family Studies, The Pennsylvania State University
1998- 2002	Co-Professor-in-Charge of the Graduate Program, Human Development and Family Studies The Pennsylvania State University
1986- 1994	Associate Professor of Human Development Department of Human Development and Family Studies College of Health and Human Development The Pennsylvania State University
1980- 1986	Assistant Professor of Human Development Department of Individual and Family Studies College of Human Development The Pennsylvania State University
1979- 1980	Post Doctoral Fellowship Frank Porter Graham Child Development Center University of North Carolina, Chapel Hill

RESEARCH GRANTS

- 2018-2023 *Innovative Family Prevention with Latino Siblings in Disadvantaged Settings*. Eunice Kennedy Shriver National Institute of Child Health and Human Development (K. Updegraff & A. Umana Taylor, Co-PIs, McHale, PI of subcontract; total costs \$3,746,340)
- 2017-2022 *Pathways to Health from Adolescence through Young Adulthood*. Eunice Kennedy Shriver National Institute of Child Health and Human Development (M. Feinberg & G. Fosco, Co-PIs, McHale, Co-I; total costs \$3,826,734)
- 2016-2020 *Penn State Clinical and Translational Science Institute*. National Institute of Health (L. Sinoway, PI, U. Leuenberger, S. McHale, D. Thiboutot, Co-PIs; \$19,451,855 total direct costs).
- 2013- 2018 *Pennsylvania State University Tobacco Center of Regulatory Science*. National Institute on Drug Abuse and Federal Drug Agency (J. Muscat & J. Foulds, Co-PIs; S.McHale, Co-Investigator; total costs \$19,786,765).
- 2011-2016 *Penn State Clinical and Translational Science Institute*. National Institute of Health (L. Sinoway, PI, U. Leuenberger & S. McHale, Co-PIs; \$15,792,970 total direct costs).
- 2010-2017 *Longitudinal, Family and Cultural Pathways to Young Adulthood*, National Institute of Child Health and Human Development (S. McHale & A.C. Crouter, Co-PIs; \$2,027,600 total direct costs).
- 2010-2019 *The Penn State Family Issues Symposium*. National Institute of Child Health and Human Development (S. McHale, PI; \$12,000 total costs per year).
- 2009-2012 *Pilot Study of a Sibling Prevention Program*. National Institute on Drug Abuse. (M. Feinberg, PI, S.M. McHale Co-I; \$674,581, total direct costs).
- 2009-2012 *Gender development in adolescence: Prenatal hormones & family socialization*. National Institute of Child Health and Human Development (Sheri Berenbaum, PI; S.M. McHale Co-I; \$ 832,000, total direct costs).
- 2008-2013 *Daily Diary Evaluation of the Health Benefits of a Workplace Intervention*. National Institute of Child Health and Human Development (D. Almeida PI, S.M. McHale, Co-PI; \$538,910; Year 1 direct costs).
- 2009-2014 *Effects of a Workplace Intervention of the Family Settings and Health of Employee's Children*. W. T. Grant Foundation. (S.M. McHale, PI: \$499,079, total costs).
- 2009-2014 *Longitudinal Study of Mexican Origin Youth: Culture, Family and Adjustment*. National Institute of Child Health and Human Development (K. A. Updegraff and A. Umana-Taylor, S. M. McHale, PI of PSU subcontract; \$2,691,654 total direct costs)
- 2005-2008 *Work Stress, Health, and Parenting among Hotel Employees*, National Institute of Child Health and Human Development (A.C. Crouter & D. M. Almeida, Co-PIs; S.M. McHale, Co-I; \$923,601 total direct costs)
- 2004-2007 *Family Formation in an Era of Change*, National Institute of Child Health and Human Development (N. S. Landale, PI, S.M. McHale, Co-I; \$1,400,000 total direct costs)
- 2001-2007 *Gender Socialization in Middle Childhood and Adolescence*, National Institute of Child Health and Human Development. (S. M. McHale & A. C. Crouter, Co-PIs, \$2,230,928, total direct costs)

- 2001-2007 *Gender Socialization in Mexican-American Families*. National Institute of Child Health and Human Development. (K. A. Updegraff, P.I., A. C. Crouter and S. M. McHale, Co-PIs; \$1,272,181 total direct costs)
- 2001-2005 *Gender Role Development and HIV Risk in Emerging Adulthood*. National Institutes of Health (NIMH and NICHD). (E. Lefkowitz, P. I., E. Loken, S. McHale, D. Swanson and M. Rovine, Co-Is; \$697,132 total direct costs)
- 1999-2005 *Teen vs. Adult-Led Drug Prevention in Schools via 4-H*. National Institute on Drug Abuse. (T. St. Pierre, P. I.; S.M. McHale Co-Ir, \$2,116,640 total direct costs.)
- 1997-1998: *Hormones, Family Processes, and Child Development*. W. T. Grant Foundation. (A. Booth, P.I.; A.C. Crouter, D. Granger, D. Johnson, and S.M. McHale, Co-Is; \$220,276 total costs.)
- 1995-2001: *Parental Work, Family Dynamics, and Adolescent Development*. National Institute of Child Health and Human Development. (A. C. Crouter & S.M. McHale, Co-PIs; \$851,414, total direct costs.)
- 1994-1999: *Gender Role Socialization in Middle Childhood*. National Institute of Child Health and Human Development. (A. C. Crouter & S.M. McHale, Co-PIs, \$814,211 total direct costs.)
- 1994-1995: *Evaluation of the Intensive Home Services Program*. National Center for Child Abuse and Neglect. (C. Tomascik, P.I., S.M. McHale, Co-I, \$30,000, total direct costs.)
- 1993-1996: *Collaborative Community Intervention Strategies for Adolescents*. The Carnegie Corporation of New York. (S. M. McHale, PI, A. Crouter and K. Fennelly, Co-PIs; \$250,000, total direct costs.)
- 1989-1992: *Evaluation of Cholesterol Education for At-Risk Children*. National Heart, Lung, and Blood Institute. (B. Shannon, P.I.; C. Achterberg, S. D. Brannon, S. M. McHale, H. Smiciklas-Wright, & A. Tershekovic, Co-Is, \$2,023,338 total direct costs.)
- 1986-1989: *Parenting in Dual-Earner Families*. National Institute of Child Health and Human Development. (A. C. Crouter & S.M. McHale, Co-PIs; \$276,452, total direct costs.)
- 1984-1986: *Daily Experiences and Coping Patterns of Siblings of Disabled Children*. March of Dimes Foundation. (S. M. McHale, P.I., \$60,000 total costs.)
- 1984-1985: *The Ecology of Children's Social Activities with Their Parents*. The Foundation for Child Development, Program for Young Scholars in Social and Affective Development. (A. C. Crouter & S.M. McHale, Co-PIs; \$15,000 total costs.)
- 1984: *The Long Arm of the Job: A Study of the Impact of Work on Family Relationships*. Research Initiation Grant, The Pennsylvania State University. (A. C. Crouter, T. L. Huston, & S.M. McHale, Co-PIs; \$3,500.)
- 1981-1982: *Social Interactions between Handicapped and Nonhandicapped Children and their Siblings*. Research Initiation Grant, The Pennsylvania State University (S.M. McHale, P.I. \$3,000).
- 1978-1979: *Peer Interaction in Mainstreamed School Classrooms*, Sigma Xi Grant in Aid of Research (Doctoral Research; \$1000).

AWARDS

- 2014: Distinguished Professorship, The Pennsylvania State University

- 2013: Pauline Schmitt Russell Distinguished Research Achievement Award, The Pennsylvania State University
- 2011: Distinguished Alumni Award, Department of Psychology, University of North Carolina at Chapel Hill
- 2010: Ernest W. Burgess Award for Outstanding Scholarly and Career Achievement in the Study of Families, National Council on Family Relations
- 2004: President's Award for Integration of Research, Teaching and Service, The Pennsylvania State University
- 2003: Howard Palmer Faculty Mentoring Award, The Pennsylvania State University
- 1999: Helen and Evan Pattishall Outstanding Research Achievement Award, College of Health and Human Development
- 1989: Golden Key Outstanding Faculty Award, The Pennsylvania State University
- 1987: Teaching Award, College of Human Development, The Pennsylvania State University
- 1975-1978: Frank Porter Graham Graduate Fellowship
- 1975: Elected to Phi Beta Kappa; Honors in Psychology

PAPERS AND PUBLICATIONS

- Erickson, L., Mierzwa, F., With, S., Karuntzos, G., Fox, K., McHale, S. M., & Buxton, O. (in press). Implementation strategies for a longitudinal workplace data collection: A case study. *Survey Methods: Insights from the Field*.
- Gallagher, A.M., Updegraff, K.A., Padilla, J. & McHale, S.M. (in press). Longitudinal associations between sibling relational aggression and adolescent adjustment. *Journal of Youth and Adolescence*. doi: 10.1007/s10964-018-0871-0 PMID: 2992871
- Padilla, J., McHale, S. M., De Jesús, R., Sue, A., Updegraff, K. A., & Umaña-Taylor, A. J. (in press). Longitudinal course and correlates of parents' differential treatment of siblings in Mexican-Origin families. *Family Process*. doi: 10.1111/famp.12328.
- Sun, X., McHale, S. M., & Updegraff, K. A. (in press). Sibling experiences in middle childhood predict sibling differences in college graduation. *Child Development*. doi: 10.1111/cdev.13047
- Berenbaum, S. A., Beltz, A. M., Bryk, K. & McHale, S. M. (2018). Gendered peer involvement in girls with congenital adrenal hyperplasia: Effects of prenatal androgens, gendered activities, and gender cognitions. *Archives of Sexual Behavior*, 47(4), 915-929. doi: 10.1007/s10508-017-1112-4 PMID: 29318470
- Jensen, A. C., McHale, S. M., & Pond, A. M. (2018). Parents' social comparisons of siblings and youth problem behavior: A moderated mediation model. *Journal of Youth and Adolescence*, 47, 2088-2099. doi: 10.1007/s10964-018-0865-y PMID: 29916187
- Lee, B., Skinner, O. D., & McHale, S. M. (2018). Links between gendered leisure time in childhood and adolescence and gendered occupational aspirations. *Journal of Adolescence*, 62, 96-107. doi: 10.1016/j.adolescence.2017.10.011. PMID: PMC5743595
- Skinner, O. D., & McHale, S. M. (2018). The development and correlates of gender role orientations in African American Youth. *Child Development*. 89(5), 1704-1719. doi: 10.1111/cdev.12828 PMID: 28474457
- Heron, K. E., Everhart, R. S., McHale, S. M., & Smyth, J. M. (2017). Using mobile-technology-based ecological momentary assessment (EMA) methods with youth: A systematic review

- and recommendations. *Journal of Pediatric Psychology*, 42(10), 1087-1107. doi:10.1093/jpepsy/jsx078 PMID: 28475765
- Jensen, A. C., & McHale, S. M. (2017). Mothers', fathers', and siblings' perceptions of parents' differential treatment of siblings: Links with family relationship qualities. *Journal of Adolescence*, 60, 119-129. doi:10.1016/j.adolescence.2017.08.002 PMID: 28858672
- Jensen, A. C., Whiteman, S. D., Bernard, J. M., & McHale, S. M. (2017). Family resource allocation after firstborns leave home: Implications for secondborns' academic functioning. *Family Process*, 56(3), 766-780. doi: 10.1111/famp.12203. NIHMSID: 744203 PMCID: PMC4927416
- Kuo, S. I., Wheeler, L. A., Updegraff, K. A., McHale, S. M., Umaña-Taylor, A. J. & Perez-Brena, N. J. (2017). Parental modeling and deidentification in romantic relationships among Mexican-origin youth. *Journal of Marriage and Family*, 79(5), 1388-1403. doi: 10.1111/jomf.12411 PMCID: PMC5637550
- Lam, C. B., Stanik, C., & McHale, S. M. (2017). The development and correlates of gender attitudes in African American adolescents. *British Journal of Developmental Psychology*, 35(3), 406-419. doi: 10.1111/bjdp.12182 PMID: 28230275
- Lee, S., Crain, T. L., McHale, S. M., Almeida, D. M., & Buxton, O. M. (2017). Daily antecedents and consequences of nightly sleep. *Journal of Sleep Research*, 26(4), 498-509. doi: 10.1111/jsr.12488 PMCID: PMC5481508
- Lee, S., Davis, K. D., McHale, S. M., Kelly, E., Kossek, E., & Crouter, A. C. (2017). When mothers work matters for youths' daily time use: Implications of evening and weekend shifts. *Journal of Child and Family Studies*, 26(8), 2077-2089. doi: 10.1007/s10826-017-0731-7 PMID: PMC5646823
- Lee, S., McHale, S. M., Crouter, A. C., Hammer, L. B., & Almeida, D. M. (2017). Finding time over time: Longitudinal links between employed mothers' work-family conflict and time profiles. *Journal of Family Psychology*, 31(5), 604-615. doi: 10.1037/fam0000303 PMCID: PMC5550374
- Lee, S., McHale, S. M., Crouter, A. C., Kelly, E. L., Buxton, O. M., & Almeida, D. M. (2017). Perceived time adequacy improves daily well-being: Day-to-day linkages and the effects of a workplace intervention. *Community, Work & Family*, 20(5), 500-522. doi: 10.1080/13668803.2017.1365691 PMCID: PMC6136828
- McHale, S.M., King, V. & Buxton, O., Eds. (2017). *Family Contexts of Sleep and Health*. New York, NY: Springer
- Scanlon, D. P., Wolf, L.J., Chuang, C.H., Krashnewski, J., Lengerich, E.J., McHale, S.M., Paul, I. M., & Penrod, J. (2017). A model for academic institution support for community-engaged research. *Journal of Clinical and Translational Science*, 1, 320-321.
- Solmeyer, A. R., & McHale, S. M. (2017). Parents' differential treatment of adolescent siblings in African American families. *Family Process*, 56(1), 171-188. doi: 10.1111/famp.12166. PMCID: PMC5513888
- Sun, X., McHale, S.M., Crouter, A. C., & Jones, D. E. (2017). Longitudinal links between work experiences and marital satisfaction in African American dual-earner couples. *Journal of Family Psychology*, 31(8), 1029-1039. doi: 10.1037/fam0000381 PMID: 29309188
- Sun, X., McHale, S. M., & Updegraff, K. A. (2017). Maternal and paternal resources across childhood and adolescence as predictors of young adult achievement. *Journal of Vocational Behavior*, 100, 111-123. doi: 10.1016/j.jvb.2017.03.003. PMCID: PMC5624550 [Available on 2018-06-01]. NIHMSID 861721.

- Updegraff, K.A., Kuo, S.I., McHale, S.M., Umaña-Taylor, A., & Wheeler, L.A. (2017). Parents' traditional cultural values and Mexican-origin young adults' routine health and dental care. *Journal of Adolescent Health, 60*(5), 513-519. doi: 10.1016/j.jadohealth.2016.10.012 PMID: PMC5542048
- Whiteman, S. D., Jensen, A. C., & McHale, S. M. (2017). Sibling influences on risky behaviors from adolescence to young adulthood: Vertical socialization or bidirectional effects? In N. Campione-Barr (Ed.), *Power, control, and influence in sibling relationships across development. New Directions in Child and Adolescent Development, 156*, 67-85. doi:10.1002/cad.20197 PMID: 28581192
- Zeiders, K.H., Updegraff, K.A., Kuo, S.I., Umaña-Taylor, A. J., & McHale, S.M. (2017). Perceived discrimination and Mexican-origin young adults' sleep duration and variability: The moderating role of cultural orientations. *Journal of Youth and Adolescence, 46*(8), 1851-1861. doi: 10.1007/s10964-016-0544-9. PMID: PMC5253338.
- Burton, L.M., Burton, D., McHale, S.M., King, V. & Van Hook, J., Eds. (2016). *Boys and men in African American families*. New York, NY: Springer. doi 10.1007/978-3-319-43847-4
- Endendijk, J., Beltz, A., Bryk, T., McHale, & S. Berenbaum, S. (2016). Linking prenatal androgens to gender-related attitudes, identity, and activities: Evidence from girls with congenital adrenal hyperplasia. *Archives of Sexual Behavior, 45*(7), 1807-15. doi: 10.1007/s10508-016-0693-7
- Halgunseth, L., Jensen, A., Sakuma, K., & McHale, S. (2016). The role of mothers' and fathers' religiosity in African American adolescents' religious beliefs and practices. *Cultural Diversity and Ethnic Minority Psychology, 22*(3), 386-394. doi: 10.1037/cdp0000071
- Lee, B., Padilla, J., & McHale, S. (2016). Transmission of work ethic in African-American families and its links with adolescent adjustment. *Journal of Youth and Adolescence, 45*(11), 2278-2291. doi: 10.1007/s10964-015-0391-0
- Loeser, M. K., Whiteman, S. D., & McHale, S. M. (2016). Parents' differential treatment of siblings, perceptions of jealousy and fairness, and adolescent adjustment. *Journal of Child and Family Studies, 25*, 2405-2414. doi: 10.1007/s10826-016-0429-2. PMID: PMC5110249
- McHale, S.M, Davis, K.D., Greene, K., Casper, L., Kan, M.L., Kelly, E. L., King, R.B., & Okechukwu, C. (2016). Effects of a workplace intervention on parent-child relationships, *Journal of Child and Family Studies, 25*(2), 553-561. doi: 10.1007/s10826-015-0254-z PMID: PMC4779369
- McHale, S.M., King, V. & Van Hook, J. & Booth, A. (Eds; 2016). *Gender and Couple Relationships*. New York: Springer.
- McHale, S.M., Updegraff, K.A., & Feinberg, M.E. (2016). Siblings of youth with Autism Spectrum Disorders: Theoretical perspectives on sibling relationships and individual adjustment. *Journal of Autism and Developmental Disorders, 46*, 589-602. doi:10.1007/s10803-015-2611-6 PMID: PMC4834275
- Padilla, J., McHale, S.M., Rovine, M. J., Updegraff, K. A., & Umaña-Taylor, A. J. (2016). Parent-youth differences in familism values from adolescence into young adulthood: Developmental course and links with parent-youth conflict. *Journal of Youth and Adolescence, 45*, 2417-2430. doi: 10.1007/s10964-016-0518-y. PMID: PMC5102800
- Padilla, J., McHale, S. M., Updegraff, K. A., & Umaña-Taylor, A. J. (2016). Mexican-origin parents' differential treatment and siblings' adjustment from adolescence to young adulthood. *Journal of Family Psychology, 30*(8), 955-965. doi: 10.1037/fam0000229

PMCID: PMC5138127

- Skinner, O. D., & McHale, S. M. (2016). Parent-adolescent conflict in African American families. *Journal of Youth and Adolescence*, 45, 2080-2093. doi: 10.1007/s10964-016-0514-2
- Updegraff, K.A., Umaña-Taylor, A.J., Rodríguez De Jesús, S.A., McHale, S.M., Feinberg, M.F., & Kuo, S.I. (2016). Family-focused prevention with Latinos: What about sisters and brothers? *Journal of Family Psychology*, 30(5), 633-640 doi: 10.1037/fam0000200
- Wheeler, L. A., Killoren, S. E., Whiteman, S. D., Updegraff, K. A., McHale, S. M., & Umaña-Taylor, A. J. (2016). Romantic relationship experiences from late adolescence to young adulthood: The role of older siblings in Mexican-origin families. *Journal of Youth and Adolescence*, 45(5), 900-915. doi: 10.1007/s10964-015-0392-z
- Zeiders, K. H., Updegraff, K. A., Umaña-Taylor, A. J., McHale, S. M., & Padilla, J. (2016). Familism values, family time, and Mexican-origin young adults' depressive symptoms. *Journal of Marriage and Family*, 78(1), 91–106. doi: 10.1111/jomf.12248
- Amato, P. R., Booth, A., McHale, S. M., & Van Hook, J. (Eds.). (2015). *Diverging destinies: Families in an era of increasing inequality*. New York: Springer. doi: 10.1007/978-3-319-08308-7.
- Davis, K. D., Lawson, K., McHale, S. M., Almeida, D., Kelly, E. L., King, R. B., Hammer, L., Casper, L., Okechukwu, C., & Hanson, G. (2015). A workplace intervention increases parents' daily time with their children. *Pediatrics*, 135(5), 875-882. doi: 10.1542/peds.2014-2057
- Doughty, S. E., McHale, S. M., & Feinberg, M. E. (2015). Sibling experiences as predictors of romantic relationship qualities in adolescence. *Journal of Family Issues* 36, 589-608. doi: 10.1177/0192513X13495397.
- Fan, W., Lam, J., Moen, P., Kelly, E., King, R. B., & McHale, S. M. (2015). Constrained choices? Linking employees' and spouses' work time to health behaviors. *Social Science and Medicine*, 126, 99-109. doi:10.1016/j.socscimed.2014.12.015 PMCID: PMC4297715.
- Jensen, A. & McHale, S. M. (2015). What makes siblings different? The development of sibling differences in academic achievement and interests. *Journal of Family Psychology*, 29, 469-478. doi:10.1037/fam0000090 PMCID: 4460605
- Killoren, S. E., Wheeler, L. A., Updegraff, K. A., Rodríguez, S. A., & McHale, S. M. (2015). Longitudinal associations among parental acceptance, familism values, and sibling intimacy in Mexican-origin families. *Family Process*. Advance online publication. doi: 10.1111/famp.12126
- Kuo, S.I., Updegraff, K.A., Zeiders, K.H., McHale, S.M., Umaña-Taylor, A.J., De Jesús, S.A. (2015). Mexican American adolescents' sleep patterns: contextual correlates and implications for health and adjustment in young adulthood. *Journal of Youth and Adolescence*, 44,346-61. doi: 10.1007/s10964-014-0156-1 PMCID: PMC4294970.
- Lam, C. B., & McHale, S. M. (2015a). Developmental patterns and parental correlates of youth leisure-time physical activity. *Journal of Family Psychology*, 29, 100-107. doi: 10.1037/fam0000049 PMID: 25485671.
- Lam, C.B., & McHale, S.M. (2015b). Time use as cause and consequence of youth development. *Child Development Perspectives*, 9, 20-25. doi: 10.1111/cdep.12100 PMCID: PMC4371855.
- Lee, B., Lawson, K.M., McHale, S.M. (2015). Longitudinal associations between gender-typed skills and interests and their links to occupational outcomes. *Journal of Vocational*

- Behavior*, 88, 121-130. doi:10.1016/j.jvb.2015.02.011 PMID: PMC4383179.
- Lawson, K. M., Crouter, A. C., & McHale, S. M. (2015). Links between family gender socialization experiences in childhood and gendered occupational attainment in young adulthood. *Journal of Vocational Behavior*, 90, 26-35. doi: 10.1016/j.jvb.2015.07.003
- Lippold, M., McHale, S. M., Davis, K. D., & Kossek, E. (2015). Day-to-day inconsistency in parental knowledge: Links with youth health and parents' stress. *Journal of Adolescent Health*, 56, 293-299. doi: 10.1016/j.jadohealth.2014.11.017 PMID: PMC4338414.
- McHale, S.M., Lawson, K.M., Davis, K.D., Casper, L., Kelly, E.L. & Buxton, O. (2015). Effects of a workplace intervention on sleep in employees' children. *Journal of Adolescent Health*, 56(6), 672-677. doi: 10.1016/j.jadohealth.2015.02.014
- Whiteman, S. D., Solmeyer, A. R., & McHale, S. M. (2015). Sibling relationships and adolescent adjustment: Longitudinal associations in two-parent African American families. *Journal of Youth and Adolescence*. doi: 10.1007/s10964-015-0286-0
- Dotterer, A. M., Lowe, K., & McHale, S. M. (2014). Academic growth trajectories and family relationships among African American youth. *Journal of Research on Adolescence*, 24, 734-747. doi: 10.1111/jora.12080.
- Doughty, S. E., Lam, C. B., Stanik, C. E., & McHale, S. M. (2014). Links between sibling experiences and romantic competence from adolescence through young adulthood. *Journal of Youth and Adolescence*. Advance online publication. doi: 10.1007/s10964-014-0177-9 PMID: PMC4348347.
- Lam, C.B., McHale, S.M., Crouter, A.C. (2014). Time with peers from middle childhood to late adolescence: developmental course and adjustment correlates. *Child Development* 85, 1677-1693. doi: 10.1111/cdev.12235. PMID: PMC4107039.
- Lawson, K. M., Davis, K. D., McHale, S. M., Hammer, L. B., & Buxton, O. M. (2014). Daily positive spillover and crossover from mothers' work to youth health. *Journal of Family Psychology*, 28, 897-907. doi: 10.1037/fam0000028 PMID: 25243577.
- Lippold, M., King, R., McHale, S., Davis, K., and Almeida, D. (2014). Experiences with parents and youth physical health symptoms and cortisol: A daily diary investigation. *Journal of Research on Adolescence*. Advance online publication. doi: 10.1111/jora.12186.
- Solmeyer, A. R., McHale, S. M., & Crouter, A. C. (2014). Longitudinal associations between sibling relationship qualities and risky behavior across adolescence. *Developmental Psychology*, 50(2), 600-610. doi: 10.1037/a0033207 PMID: PMC3797172.
- McHale, S.M., Booth, A., & Amato, P. (Eds.) (2014). *Emerging methods in family research*. New York: Springer. doi: 10.1007/978-3-319-01562-0.
- Riina, E. M., & McHale, S. M. (2014). Bidirectional influences between dimensions of coparenting and adolescent adjustment. *Journal of Youth and Adolescence*. 43(2), 257-269. doi: 10.1007/s10964-013-9940-6 PMID: PMC3769435
- Updegraff, K.A., McHale, S.M., Zeiders, K.H., Umaña-Taylor, A.J., Perez-Brena, N.J., Wheeler, L.A., Rodríguez De Jesús, S.A. (2014). Mexican-American adolescents' gender role attitude development: the role of adolescents' gender and nativity and parents' gender role attitudes. *Journal of Youth and Adolescence*, 43(12), 2041-2053. doi: 10.1007/s10964-014-0128-5 PMID: PMC4213322.
- Feinberg, M.E. Sakuma, K., Hostetler, M., & McHale (2013). Enhancing sibling relationships to prevent adolescent problem behaviors: Theory, design and feasibility of *Siblings Are Special*. *Evaluation and Program Planning* 36, 97-106. doi: 10.1016/j.evalprogplan.2012.08.003 PMID: PMC3513510.

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- Landale, N., McHale, S., & Booth, A. (Eds., 2013). *Families and child health*. New York: Springer. doi: 10.1007/978-1-4614-6194-4.
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PROGRAM EVALUATION AND POLICY-ORIENTED REPORTS:

- Miller, G., & McHale, S. M. (1998). *Evaluation of the University of Minnesota's Children, Youth, and Family Consortium*. Report prepared for Office of the Provost, University of Minnesota.
- Graham, J., Updegraff, K.A., Ferry, N., & McHale, S.M. (1994). *An evaluation of adolescent and advisor experiences in a school advisor program*. Report to the Mid-West Area School District. (33 pp).
- Updegraff, K. A., Graham, J. & Tomascik C., & McHale. (1994). *Evaluation of adolescent and advisor experiences in a school advisor program*. Report to the Wilkes-Barre Area Partnership for Youth. (41 pp.).
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SELECTED PEER REVIEW PRESENTATIONS (2000-Present):

- McHale, S. M. (November, 2017). *Siblings' roles in family dynamics*. National Council on Family Relations (NCFR)
- McHale, S. Barlow, P, Blank, A, Wolf, L., Leitzell, B., Diaz-Granados, D., & Ayun, D. (April, 2017). *Promotion and tenure policies for team science at CTSI Institutions*. Poster presented at the annual meetings of the Association for Clinical and Translational Science
- Lawson, K. M., Lee, B., Crouter, A. C., & McHale, S. M. (2017, April). *Development and correlates of gendered occupational aspirations and attainment from middle childhood to young adulthood*. Paper presented at the Biennial Meeting of Society for Research on Child Development, Austin, TX.
- Padilla, J., McHale, S. M., & Jensen, A. C. (2017, April). Sibling differences in time with parents and links to adjustment from middle childhood through adolescence. Poster presented at the Biennial Meeting of Society for Research on Child Development, Austin, TX.
- Sun, X., McHale, S. M., Crouter, A. C., & Jones, D. E. (2017, November). *Longitudinal links between work experiences and marital satisfaction among African American dual-earner couples*. Paper presented at the National Council on Family Relations (NCFR), Orlando, FL.
- Sun, X., McHale, S. M., & Updegraff, K. A. (2017, November). *Early parental resources predict young adult achievement*. Paper presented at the National Council on Family Relations (NCFR), Orlando, FL.
- Sun, X., McHale, S. M., & Updegraff, K. A. (2017, April). *Sibling experiences in middle childhood: Implications for sibling differences in college graduation*. Poster presented at the Biennial Meeting of Society for Research on Child Development, Austin, TX.
- Vazquez, E. J., Updegraff, K. A., Umaña-Taylor, A. J., & McHale, S. M. (July, 2017). *Ethnic identity development in late adolescence and early adulthood: Do sisters and brothers play a role?* Poster session presented at the International Society for the Study of Behavioural Development Regional Workshop, Syros, Greece
- Lawson, K. M., Crouter, A. C., & McHale, S. M. (June, 2016). *Links between gendered childhood socialization experiences and occupational choices in young adulthood*. Paper presented at the Work & Family Researchers Network (WFRN) conference.
- Lee, B. & McHale, S. M. (2016, March). *Gendered leisure time use in childhood and adolescence and its relation with occupational aspirations*. Poster presented at the Biennial meeting of Society for Research on Adolescence, Baltimore, MD.
- Mayfield, K., Sun, X., & McHale, S. M. (2016, October). *Correlates of fathers' and mothers' coparenting in African American families*. Poster presented at the special topics meeting (Babies, Boys, and Men of Color) of the Society for Research on Child Development, Tampa, FL.
- Padilla, J., McHale, S. M., Updegraff, K. A., & Umaña-Taylor, A. J. (2016, October). *Mexican-origin boys' and girls' time with mothers and fathers from early adolescence to young adulthood: Developmental course and correlates*. Poster presented at the special topics meeting (Babies, Boys, and Men of Color) of the Society for Research on Child Development, Tampa, FL.
- Padilla, J., McHale, S. M., Updegraff, K. A., & Umaña-Taylor, A. J. (2016, March). *Parent-youth differences in familism values from adolescence into young adulthood: Developmental course and links with parent-youth conflict*. Poster presented at the Biennial Society for

- Research in Adolescence Conference, Special event: "Adolescence in Diverse Contexts", Baltimore, MD.
- Padilla, J., McHale, S. M., Updegraff, K. A., & Umaña-Taylor, A. J. (2016, February). *Family time and Mexican-origin youth's adjustment: Developmental course and correlates*. Poster presented at the 20th Anniversary Meeting of Garcia-Coll and colleagues' (1996) An Integrative Model for the Study of Developmental Competencies in Minority Children, Tempe, AZ.
- Skinner, O. D., & McHale, S.M. (2016, October). *Development and correlates of father-adolescent conflict in two parent African American families*. In O. Skinner (chair), "Determinants of parenting." Paper symposium at the special topics meeting (Babies, Boys, and Men of Color) of the Society for Research on Child Development, Tampa, FL.
- Skinner, O. D., & McHale, S. M. (2016, April). *Development and correlates of African American youth's relationships with mothers and fathers*. Poster presented at the Biennial meeting of Society for Research on Adolescence, Baltimore, MD.
- Skinner, O. D., & McHale, S. M. (2016, February). *Development of gender role orientations among African American youth*. Presented at the 20th Anniversary of Garcia Coll and Colleagues' (1996) An Integrative Model for the Study of Developmental Competencies in Minority Children, Tempe, AZ.
- Crawford, K.S., Doughty, S., & McHale, S. M. (2015, March). The longitudinal links between early family experiences and perceived romantic competence in adolescence and young adulthood. Society for Research in Child Development Biennial Conference.
- Doughty, S. & McHale, S. M. (2015, March). Longitudinal linkages between similarities in siblings' interests and perceived self-worth. Society for Research in Child Development Biennial Conference.
- Lee, B. & McHale, S. M. (2015, March). African American adolescents' work ethic and its links to their psychosocial adjustment. Society for Research in Child Development Biennial Conference.
- Lee, B., Lawson, K. M., & McHale, S. M. (2015, March). Gender-typed skills and interests in childhood and adolescence as predictors of gendered occupations in young adulthood. Society for Research in Child Development Biennial Conference.
- Padilla, J., McHale (2015, November). *Siblings' dyadic and social time from childhood to late adolescence*. Poster presented at the National Council on Family Relations Conference, Vancouver, BC.
- Padilla, J., Rodriguez, S., McHale, S.M., Updegraff, K.A., & Umaña-Taylor, A. (2015, March). *Predicting parents' differential treatment in Mexican American families*. Poster presented at the Biennial Society for Research in Child Development Conference, Philadelphia, PA
- Sang, S., Updegraff, K. A., Padilla, J., McHale, S. M., Rodriguez, S. A., & Umana-Taylor, A. (2015, November). *It is not fair! Mexican American siblings' perceptions of fairness and jealousy*. Poster presented at the National Council on Family Relations Conference, Vancouver, BC
- Davis, K. D., Lawson, K. M., McHale, S. M., Buxton, O., Casper, L. (2014, June). The effects of a workplace intervention on the sleep of employees' children: Results from the Work, Family, Health Study. In T. Crain & S. Lee, Investigating daily and weekly relationships between the work/non-work interface and sleep. Symposium presented at the Work,

- Family Researchers Network meeting, New York, NY.
- Doughty, S., Jensen, A. C., & McHale, S. M. (2014, November). The interactive effects of mothers' and fathers' differential treatment of siblings. Poster presented at the annual conference of the National Council on Family Relations. Baltimore, MD.
- Doughty, S.E. & McHale, S.M. (2014, March). Reciprocity of sibling disclosure: Developmental patterns and relationship correlates. Presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Halgunseth, L. C., Sakuma, K.K., Stanik, C., & McHale, S.M. (2014, March). Parental correlates and influences on adolescent religious beliefs in two-parent African American families. Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Jensen, A. C., & McHale, S. M. (2014, November). What makes siblings different? The development of sibling differences in academic achievement and interests. Poster presented at the annual conference of the National Council on Family Relations. Baltimore, MD.
- Lam, C. B., & McHale, S. M. (2014, March). Time with peers from middle childhood to late adolescence: Developmental course and adjustment correlates. In K. Greene (Chair), *New directions in research on adolescent time use and adjustment*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Austin, Texas, USA.
- Lam, C. B., Stanik, C. E., & McHale, S. M. (2014, March). The development and correlates of gender attitudes in African American adolescents. Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, Texas, USA.
- Lawson, K. M., Davis, K. D., McHale, S. M. (2014, June). Daily positive work-family spillover and crossover among employed mothers and their children. In *Understanding how work affects family interactions and processes*. Symposium presented at the Work, Family Researchers Network meeting, New York, NY.
- Lee, S., Davis, K. D., McHale, S. M., Kelly, E., Kossek, E., O'Donnell, E. O. (2014, June). Mothers' daily work schedules and adolescent time use and well-being. In *Nonstandard employment and shift work: Family and child outcomes*. Symposium presented at the Work, Family Researchers Network meeting, New York, NY.
- Lippold, M., McHale, S. M., Davis, K. D., Almeida, D. M. & King, R. (2014, January). Parent-child relationships and child physical health and stress-related physiology: A daily diary investigation. Paper presented at the 18th annual meeting of the Society for Social Work and Research, San Antonio, TX.
- Lippold, M., McHale, S. M., Davis, K. D., Almeida, D. M. (2014, January). Parent knowledge and youth cortisol and physical symptoms: A daily diary investigation. Poster presented at the biannual meeting of the Society for Research on Adolescence, Austin, TX.
- Rodríguez, S. A., Zeiders, K. H., Updegraff, K. A., McHale, S. M., Umaña-Taylor, A. J., & Padilla, J. (2014, March). The role of siblings in Mexican American youths' cultural socialization in young adulthood. Paper presented at the Society for Research on Adolescence Conference, Austin, TX.
- Stanik, C. E., McHale, S. M., & Lee, B. (2014, March). Changes in math and language arts grades from elementary school through high school: The roles of gender, gendered characteristics, and gendered family dynamics. Poster presented at the Biennial meeting of Society for Research on Adolescence, Austin, TX.
- Wheeler, L. A., Killoren, S. E., Updegraff, K. A., McHale, S., & Umaña-Taylor, A. J. (2014,

- March). Mexican-Origin siblings' similarities in the transitions to adult roles. Paper presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Zeiders, K. H., Updegraff, K. A., Umaña-Taylor, A. J., McHale, S. M., & Padilla, J. (2014, March). Familism values, family time, and youths' adjustment: Examining longitudinal relations among Mexican American youth. Paper presented at the Society for Research on Adolescence Conference, Austin, TX.
- Davis, K. D., Lawson, K. M., Kan, M. L., Blocklin, M. K., King, R. B., & McHale, S. M. (2013, November). Mothers' work-to-family conflict, chaos in the home, and adolescent health and well-being. Paper presented at the National Council on Family Relations annual meeting, San Antonio, TX.
- Doughty, S.E. & McHale, S.M. (2013, November). Longitudinal links between siblings' diverging interests and sibling experiences. Presented at the National Council on Family Relations Annual Meeting, San Antonio, TX.
- Lawson, K. M., Stanik, C., McHale, S. M., & Crouter, A. C. (2013, November). Parental behavior, gender role attitudes, and adolescents' expected occupations. Poster presented at the National Council on Family Relations annual meeting, San Antonio, TX.
- Lippold, M., Davis, K. D., Lawson, K., McHale, S. M., & Almeida, D. M. (2013, April). Parents' daily work experiences and adolescents' health. In Impact of parents' daily experiences on children's well-being, behaviors & parent-child relationships. Symposium presented at the biennial meeting of the Society for Research on Child Development, Seattle, WA.
- McHale, S.M. (2013, October). *Love, hate, tolerate: The puzzles of sibling relationships*. Pauline Schmidt Russell Distinguished Career Award talk. College of Health and Human Development, The Pennsylvania State University.
- Nair R., Delgado M., Updegraff, K., Umaña-Taylor, & McHale, S. (2013, November). Mexican-origin youths' conflict with parents and trajectories of adjustment. Paper presented at the Annual Meeting of the National Council on Family Relations, San Antonio, TX.
- Rodríguez, S. A., Bun Lam, C., Updegraff, K. A., & McHale, S. M. (2013, April). *The role of siblings in Mexican American adolescents' interactions with same-and opposite sex peers*. Poster presented at the biennial meeting of Society for Research in Child Development, Seattle, WA.
- Stanik, C.E., Riina, E.M., & McHale, S.M. (2013, November). *Parent-adolescent relationship qualities and adolescent adjustment in two-parent African-American families*. Paper presented at The National Council of Family Relations annual meeting, San Antonio, TX.
- Wheeler, L. A., Updegraff, K. A., McHale, S., & Umaña-Taylor, A. J. (November, 2013). Prospective links between Mexican-origin parents' relationships and adolescents' romantic relationships. In H. Helms (Chair), *Mexican American Families: Family Relationships in Established and Emerging Immigrant Communities*. Paper presented at the Annual Meeting of the National Council on Family Relations, San Antonio, TX.
- Davis, K. D., & McHale, S. M. (June, 2012). The effects of the work-family intervention on couple and parent child relationships. *Interdisciplinary Research on Workplace Intervention (2)*. Symposium presented at Work and Family Researchers Network Conference, New York, NY.
- Doughty, S. E., Lam., C. B., McHale, S. M. (October, 2012) *Links between sibling experiences and romantic competence from adolescence through young adulthood*. Society for Research in Child Development Themed Meeting: Transitions from Adolescence to

- Adulthood, Tampa, FL.
- Lam, C. B., & McHale, S. M. (March, 2012). *Social and dyadic time with mothers and fathers: Developmental patterns and adjustment correlates*. Paper presented at the biennial meeting for the Society for Research on Adolescence, Vancouver, British Columbia, Canada.
- Riina, E. M., & McHale, S. M. (March, 2012). *Mutual influences between coparenting and adolescent adjustment*. Poster presented at the biennial meeting for the Society of Research on Adolescence, Vancouver, British Columbia, Canada.
- Solmeyer, A. R., Lam, C. B., & McHale, S. M. (March, 2012). *Sibling influences on the development of empathy in early adolescence*. Poster presented at the biennial meeting for the Society for Research on Adolescence, Vancouver, British Columbia, Canada.
- Solmeyer, A. R., Kim, J. Y., Lam, C. B., & McHale, S. M. (October, 2012). *Parent-child relationships in childhood and adolescence: Implications for love and work in young adulthood*. Society for Research in Child Development Themed Meeting: Transitions from Adolescence to Adulthood, Tampa, FL.
- Solmeyer, A. R., & McHale, S. M. (November, 2012). *The social contexts of siblings' shared activities*. Paper presented at the annual meetings of the National Council on Family Relations, Phoenix, AZ.
- Stanik, C.E., & McHale, S.M. (2012, January). *Does endorsing traditional gender role attitudes impact spouses' ability to take their partners' perspective?* Paper presented at the meetings of the Society for Personality and Social Psychology Close Relationships Preconference, San Diego, CA.
- Stanik, C.E., & McHale, S.M. (November, 2012) *Implications of African American couples' gendered family roles for changes in marital love: A longitudinal study*. Paper presented at the annual meetings of the National Council of Family Relations, Phoenix, AZ.
- Lam, C. B., McHale, S. M., & Crouter, A. C. (November, 2011). *Longitudinal changes and within-family variations of spouses' division of household labor*. Paper presented at the annual meeting for the National Council on Family Relations, Orlando, FL.
- Riina, E. M., & McHale, S. M. (November, 2011). *Inter-parental incongruence in gender role attitudes, and longitudinal associations between marital qualities and coparenting in African American families*. Paper presented at the annual meeting for the National Center for Family Relations, Orlando, FL.
- Solmeyer, A. R., & McHale, S. M. (November, 2011). *Parental differential treatment in African American families: Longitudinal links with adolescent adjustment*. Paper presented at the annual meeting for the National Council on Family Relations, Orlando, FL.
- Stanik, C. E., & McHale, S. M. (November, 2011). *Gender dynamics within families and adolescents' intrinsically and extrinsically motivated work values*. Paper presented at the annual meeting for the National Council on Family Relations, Orlando, FL.
- Riina, E. M., & McHale, S. M. (March, 2011). *Longitudinal change in mothers' and fathers' coparenting: The role of sociocultural factors*. Poster presented at the biennial meeting for the Society for Research on Child Development, Montreal, Quebec, Canada.
- McHale, S. M. (2010, November). *Siblings: The missing piece in the family puzzle*. Ernest Burgess Award talk presented at the National Council on Family Relations, Minneapolis, MN.
- Lam, C. B., & McHale, S. M. (April, 2010). *Division of household labor and gender role*

- attitudes in Mexican American families: Patterns and correlates.* Poster presented at the 4th Gender Development Research Conference, San Francisco, CA.
- Killoren, S. E., Rodríguez, S. A., Updegraff, K. A., & McHale, S. M. (March, 2010). *Sibling relationship profiles in Mexican-origin families: Links to adolescent adjustment.* Paper presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, PA.
- Lam, C. B., & McHale, S. M. (March, 2010). *Changes in alone time with parents from middle childhood through adolescence.* Poster presented at the biennial meeting for the Society for Research on Adolescence, Philadelphia, PA.
- Riina, E. M., & McHale, S. M. (March, 2010). *Longitudinal change in coparenting during adolescence: Links with family relationships.* Poster presented at the biennial meeting for the Society for Research on Adolescence, Philadelphia, PA.
- Soli, A. R., Groenendyk, A. E., McHale, S. M., & Updegraff, K. A. (March, 2010). *Sibling influences on gendered characteristics in African American and Mexican American youth.* Paper presented at the biennial meeting for the Society for Research on Adolescence, Philadelphia, PA.
- Soli, A. R., Lam, C.B., & McHale, S. M. (March, 2010). *Parental differential conflict and sibling differences in risky behavior.* Poster presented at the biennial meeting for the Society for Research on Adolescence, Philadelphia, PA.
- Soli, A. R., & McHale, S. M. (March, 2010). *Risky behavior in adolescence: The role of sibling and parent relationships during school transitions.* Paper presented at the biennial meeting for the Society for Research on Adolescence, Philadelphia, PA.
- Whiteman, S. D., Becerra Bernard, J. M., Soli, A. R., & McHale, S. M. (2010, March). *The impact of sibling relationships for adjustment during adolescence in two-parent African American families.* Poster presented at the biennial meeting for the Society for Research on Adolescence, Philadelphia, PA.
- Blocklin, M., McHale, S. M., & Crouter, A. C. (April, 2009). *What youth do while their mothers work: Maternal worry.* Poster presented at the Society for Research on Child Development Biennial Meeting, Denver, CO.
- Blocklin, M., McHale, S. M., & Crouter, A. C. (April, 2009). *Youth time use and mood: Variations between and within persons.* Poster presented at the Society for Research on Child Development Biennial Meeting, Denver, CO.
- Gayles, J., Davis, K. D., McHale, S. M. (April, 2009). *The effects of daily positive and negative events on adolescents' emotional well-being.* Poster presented at the Society for Research on Child Development Biennial Meeting, Denver, CO.
- Groenendyk, A.E., & McHale, S.M. (April, 2009). *Sibling differences in links between school transitions and individual adjustment.* Poster presented at the Society for Research on Child Development, Denver, CO.
- Killoren, S. E., Wheeler, L., Updegraff, K. A., McHale, S. M., & Umana-Taylor, A. J. (November, 2009). *Linkages between relationships in Mexican-origin families.* Poster presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.
- Klein, L.C., Bennett, J.M., Davis, K.D., Almeida, D.M., Crouter, A.C., & McHale, S. (April, 2009). *Workplace stress increases tobacco use among workers and their partners: evidence from the Penn State Hotel Work and Well-being Study.* Presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.

- Lam, C. B., & McHale, S. M. (April, 2009). *Changes in time with parents from middle childhood through adolescence*. Poster presented at the Society for Research on Child Development, Denver, CO.
- McHale, S. M., Soli, A. R., Groenendyk, A. E., & Shanahan, L. (April, 2009). *Differential treatment of siblings in middle childhood and adolescence*. Paper presented at the biennial meeting for the Society for Research in Child Development, Denver, CO.
- Riina, E.M., & McHale, S.M. (2009, April). *Youth discrimination and family relationships: The moderating role of cultural processes*. Poster presented at the biennial conference for the Society for Research in Child Development, Denver, CO.
- Soli, A. R. & McHale, S. M. (April, 2009). *Longitudinal linkages between temperament dimensions and sibling relations*. Poster presented at the biennial meeting for the Society for Research in Child Development, Denver, CO.
- Soli, A. R., McHale, S. M., Killoren, S. E., & Updegraff, K. A. (November, 2009). *Coparenting in Mexican American families*. Poster presented at the National Council on Family Relations Conference in San Francisco, CA.
- Baril, M. E., Crouter, A. C., & McHale, S. M. (July, 2008). *Sources of parents' knowledge: Individual and family correlates*. Paper to be presented at the International Society for the Study of Behavioral Development, Werzburg, Germany.
- Baril, M. E., Wray-Lake, L., Soli, A., & McHale, S. M. (April, 2008). A person-oriented approach to examining youth's gender development in Mexican-American families. Poster presented at the Gender Development Research Conference, San Francisco, CA.
- Cansler, E., Updegraff, K., McHale, S., & Kim, J. (March, 2008). *Cultural orientations, daily activities, and adjustment in Mexican American youth*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Davidson, A. J., Abar, B. W., Updegraff, K. A., & McHale, S. M. (March, 2008). *Cultural correlates and adjustment outcomes associated with profiles of parent-peer linkage among Mexican American youth*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Dotterer, A. M., Whiteman, S. D., McHale, S. M., Crouter, A. C., Kim, J. Y., & Osgood, D. W. (March, 2008). *Gendered attitudes, personality qualities, and interests from middle childhood through adolescence*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Groenendyk, A. E., & McHale, S. M. (2008). *Sibling Relationship Influences of Positive Youth Development in African American Families*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- McHale, S.M. and Groenendyk A.E. (2008). *The Family Context of Adaptive Transitions*. Paper presented at the International Institute on Developmental Science, Jena, Germany.
- McHale, S. M., Kim, J., Shanahan, L., & Whiteman, S. D. (2008). *Sibling relationships and family systems*. Paper presented at the Biennial Meeting of the European Association for Research on Adolescence, Turin, Italy.
- Riina, E. M., & McHale, S. M. (2008). *Links between mothers' and fathers' experiences of racial discrimination: The moderating role of gender*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Soli, A. R., & McHale, S. M. (2008). *Links between Sibling Relationship Quality and Individual Adjustment in African American Youth*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.

- Whiteman, S. D., Beccerra, J., & McHale, S. M. (March, 2008). *Sibling relationships and processes of sibling influence: Connections and new directions*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Dotterer, A. M., McHale, S.M., and Crouter, A.C. (2005). Family correlates of adolescent work and achievement orientation. Poster presented at the annual conference of the biennial meeting of the Society for Research in Child Development, Atlanta, GA.
- Kan, M. L. & McHale, S. M. (2005). Predictors of parental involvement in adolescents' romantic relationships: Mothers, fathers, sons, and daughters. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.
- Kim, J., McHale, S. M., Osgood, D. W., Crouter, A. C. (2005). The social contexts of adolescents' time use: Links with adjustment from early through late adolescence. Paper presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.
- McHale, S.M. (April, 2005). Longitudinal studies of sibling relationships: Directions for research. Symposium discussant at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.
- McHale, S. M., Updegraff, K., & Killoren, S. (2005). Siblings' differential treatment in Mexican American families. Paper presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.
- Ransford, C. R., Kan, M. L., & McHale, S. M. (2005). The influence of characteristics of parent-adolescent relationships on longitudinal links between mothers' and fathers' attitudes toward smoking and drinking and adolescent substance use. Poster presented at the Society for Prevention Research, Washington, DC.
- Shanahan, L., & McHale, S. M. (2005). Parental differential treatment of siblings: Longitudinal links with adjustment and sibling relationships. Paper presented at the Annual Meeting of the National Council on Family Relations, Phoenix, AZ.
- Shanahan, L. & McHale, S. (2005). The developmental course of parents' differential intimacy and conflict toward siblings from middle childhood to middle adolescence. Paper presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.
- Whiteman, S.D., McHale, S.M., & Crouter, A.C. (2005). Child effects on changes in marital quality. Paper presented at the annual meeting of the National Council on Family Relations, Phoenix, AZ.
- Dotterer, A. M., Crouter, A.C., and McHale, S.M. (2004). Parent-adolescent relationships and academic achievement: Examining bi-directional effects. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Shearer, C.L., Whiteman, S.D., Crouter, A.C., & McHale, S.M. (2004). Implications of parents' employment for gender-typed parenting. Poster session presented at the first annual Gender Development Research Conference, San Francisco, CA.
- Whiteman, S.D., Kim, J., & McHale, S.M. (2003). Typologizing sibling relationships: A review and application of three analytic methods. Poster session presented at the annual meeting of the National Council on Family Relations, Vancouver, British Columbia.
- Whiteman, S.D., & McHale, S.M. (2003). Changes in sibling relationships between middle childhood and adolescence: A five-year multi-level follow-up. Poster session presented at the biennial meeting of the Society for Research in Child Development, Tampa, FL.
- McHale, S.M., Whiteman, S.D., Kim, J., & Shanahan, L. (2002). Changes in sibling relationships

- between middle childhood and early adolescence: What factors keep siblings close? Poster session presented at the annual meeting of the National Council on Family Relations, Houston, TX.
- McHale, S.M. & Kim, J.Y. (2002) Gendered activities in middle childhood: Links with gender development across the transition to adolescence. Presented at the 9th Biennial Meeting of the Society for Research in Adolescence, New Orleans, LA.
- McHale, S.M. & Shanahan, L. (2002). Links between girls' social-psychological characteristics, testosterone levels and family characteristics and their involvement in sex-typed activities. Presented at the Biennial Meeting of the Society for Research in Adolescence, New Orleans, LA.
- McHale, S.M. & Shanahan, L. (2001). Tomboy behavior in middle childhood and early adolescence: Links with family characteristics and adjustment. Presented at the National Council on Family Relationships 63th Annual Conference, Rochester, NY.
- McHale, S.M. (2001). Longitudinal relations between family members' personality characteristics and their dyadic relationships. Discussant for symposium presented at the Biennial Meeting of the Society for Research in Child Development, Minneapolis, MN.
- Whiteman, S.D., McHale, S.M., & Crouter, A.C. (2001). Do parents learn from experience? Poster session presented at the annual conference of the National Council on Family Relations, Rochester, NY.
- McHale, S.M. & Crouter, A.C. The social contexts of free time activities: Links to adjustment in early adolescence. Paper presented as part of a symposium: Why does time use matter for problem behavior and adjustment in adolescence? Presented at the Biennial Meeting of the Society for Research in Adolescence, Chicago, IL: March, 2000.
- McHale, S.M., Updegraff, K.A. & Helms-Erikson, H. Sibling influences on gender socialization. Paper presented as part of a symposium : Boys and girls as brothers and sisters: Siblings' role in gender socialization. Presented at the Biennial Meeting of the Society for Research in Adolescence, Chicago, IL: March, 2000.

PROFESSIONAL ACTIVITIES (2000-Present)

Professional Society Memberships:

Member, Society for Research in Child Development
 Member, Society for Research on Adolescence
 Member, National Council on Family Relationships

Editorial Boards:

Child Development 1998-2008
Developmental Psychology 2001-2004; Associate Editor, 2006-2010
Journal of Applied Developmental Science 1998-2011
Journal of Marriage and Family 2013-

Regular Ad hoc Reviewer:

Child Development
Developmental Psychology
Family Relations
Journal of Research on Adolescence

Journal of Marriage and the Family
Social Development
Journal of Family Psychology

DOCTORAL STUDENT ADVISOR (first position)

W. Todd Bartko, 1991
Research Associate
Institute for Research on Women and Gender
University of Michigan

Christina Chhin, 2006
Research Scientist
National Center for Education Research
Department of Education, Washington, DC
(with Janis Jacobs)

Mary Delaney, 1993
Assistant Professor of Psychology
Mount Saint Vincent College, Halifax, Nova Scotia, Canada

Aryn Dotterer, 2006
Assistant Professor of Family Studies
Purdue University

Susan Doughty, 2015
Assistant Professor of Psychology
Anderson University

Wendy C. Gamble, 1986
Assistant Professor of Family Studies
University of Arizona

Joan Graham, 1997
Research Analyst
Urban League, Rochester, NY

Vicki S. Harris, 1991
Research Assistant Professor of Psychiatry
Vanderbilt University, Nashville, TN

Marni Kan 2007
Research Associate
Risk Behavior and Family Research Program
RTI International
Research Triangle Park, NC

Ji-Yeon Kim, 2005
Research Specialist
Center on the Family
University of Hawaii at Manoa

(Ian) Chun Bun Lam, 2012
Assistant Professor
Department of Early Childhood Education
Hong Kong Institute of Education

Ashley May, 2008
Post Doctoral Fellow
Center for Disease Control, Atlanta GA

Terese Pawletko, 1988
Fellow in Pediatric Psychology
University of North Carolina at Chapel Hill

Elizabeth Riina, 2011
Assistant Professor
Human Development and Family Studies
Queens College, CUNY

Anna Solmeyer, 2012
Social Scientist
Office of Planning Research and Evaluation
Administration for Children and Families, Washington, DC

Mindy Herman Stahl, 1993
Research Associate
Research Triangle Institute, Research Triangle Park, NC

Julia Jackson Newsom, 2000
Research Associate
Tanglewood Associates, Greensboro, NC

Lilly Shanahan, 2004
Assistant Professor of Psychology
University of North Carolina, Greensboro

Corinna Jenkins Tucker, 1998
Assistant Professor of Family Studies
University of New Hampshire

Kimberly A. Updegraff, 1997

Assistant Professor of Family Studies
Arizona State University

Shawn D. Whiteman, 2004
Assistant Professor of Family Studies
Purdue University

SELECTED DEPARTMENT, COLLEGE, AND UNIVERSITY SERVICE (2000-Present)

Department:

Interim Head, HDFS, 2002-2003

Co-Professor in Charge of the HDFS Graduate Program, 1998-2002

HDFS Faculty Searches, 2005 (Chair); 2006-2007 (Chair), 2008-2009 (Chair)

HDFS Program Planning Development and Evaluation Committee (PPD&E), 2004-2007 (Chair)

College:

Faculty Representative to Alumni Board, 1998-2002

Immediate Tenure, 2003, 2004

University:

Enhancing Health Strategic Planning Steering Committee, 2017- Present

Justice Center for Research Advisory Board, 2017-Present

University Health Sciences Council, Executive Committee, 2016-Present.

Chief Information Security Officer Advisory Committee (Co-Chair), 2015-present

Internal Advisory Board, Methodology Center, 2014-Present

Office of Research Protections Advisory Committee, Committee Member, 2011 – Present

University Research Council, Committee Member, 2007 - Present

Graduate Council, 2000-2002 (Committee on Rules and Procedures, Committee on Academic Standards; Chair)

Graduate School Subcommittee on Program Review, 1998-2001 (Co-Chair)

Presidential Task Force on Child Maltreatment 2011-2012 (Chair)

Office of Research Protections Advisory and Executive Committees, 2011- present

University Health Sciences Council, 2007-present

University Promotion and Tenure Committee 2006-2007

University Research Council, 2007-present